



# Classroom games

## Game 1 - Flags

**Aim** – To teach the children what the flags at the beach mean.

**How to play** – The teacher will shout out a flag description and the children have to do the actions associated with that flag.

Red & Yellow flag – children pretend to swim around

Red flag – Children stop (no swimming)

Black & White flag – Children pretend to surf

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## Game 2 - Lifeguard says

**Aim** – To teach the children the different lifeguard signals and requests at the beach

**How to play** – Similar to 'Simon Says', teacher or child is 'the Lifeguard'. Identify a safe swimming zone and a surfing zone in the classroom. The lifeguard shouts out instructions from the list below and the children do the actions. If a child does the wrong action encourage their peers to tell them what they should do.

Lifeguard says...

- Swim – swim in circles doing any stroke
- No swimming – Freeze
- Move over in to the red and yellow flag zone – swim in to the designated area
- Always swim with a responsible adult – run to a responsible adult (usually the teacher or classroom assistant)
- Call the coastguard – all children shout 'call 999'
- Get in to the huddle position – all children move in to the huddle
- Signal for help – all children perform the H.E.L.P and shout for help
- You have cold water shock – lie on the floor and do a star on the back
- Everybody go surfing – move in to the surf zone and pretend to surf

